# Second Family Research Network (FRN) Forum: "Empowering Vulnerable Families"

Wednesday, 25 February 2009
Seminar Room 2, Level 4, Civil Service College

















# Social Services for Vulnerable Families and Outcome Management

Presented by: Angela Yak

Date: 25 Feb 2009



#### The NCSS Mission

- To provide leadership and direction in social services,
- To enhance the capabilities of social service organisations, and
- To promote strategic partnership for social services.



#### Role of NCSS

Initiate, plan and develop services

Establish and maintain standards and guidelines

NCSS

Raise and allocate funds



# Philosophy & Guiding Principle

Not merely to give handouts to

the poor & needy

Instead

To help people help themselves



#### **Goal of Social Services**

- To promote the well-being of people & communities.
- It seeks to
  - enhance self-sufficiency
  - minimise dependency
  - restore individuals, families or communities to successful social functioning



### Overview of Services for Vulnerable Families

- Family Service Centres
- Single Parent Family Service Centres
- Programmes for specific causes, e.g.:
  - Reintegration of ex-offenders
  - Prevention of violence
  - Supporting reconstituted families
- Counselling Centres
- For information on other types of support services for families, visit the NCSS website at <u>www.ncss.org.sg</u>



# Outcome Management for Social Services



# In the Beginning.. Programme Evaluation System (PES)

- NCSS started implementation of PES for funded programmes in April 2001
- PES measures critical <u>outputs &</u> <u>outcomes</u> of a programme through systematic data collection



Framework adapted from United Way

CONFIDENTIAL



#### Outcome Management

- NCSS started working with the VWOs since 2005, on Outcome Management (OM)
- OM emphasises the <u>benefits</u> or <u>value</u> a programme brings to the clients
- Developed with support from The Rensselaerville Institute



CONFIDENTIAL 10



# What is Outcome Management?

Outcome Management (OM) is a user centred approach for assessment of programmes that are based on

user needs and are designed to achieve change.

"PLANNING AND REPORTING TOOL"



#### **OUTCOME THINKING**

Questions are centred on what IMPACT these services have on their service users, highlighting the changes in client's behaviour

#### **THUS**

Outcomes are what happen for those being served because of what an organisation does



#### OUTCOME MANAGEMENT

# OM establishes, at the beginning, the changes that are likely to happen for the client or customer



#### **5 Areas to Consider**

#### 1. Clients

Are we serving the right people?

#### 2. Intensity

- Do we need a higher level of intervention to achieve the client outcome?
- 3. Programme Design
  - Do we need to change the mode of intervention to better meet the needs of the clients?



#### **5 Areas to Consider**

- Delivery Agents (Staff / Volunteers)
  - Is the staff / volunteer a right match with the clients?
- Milestones
  - Were the milestones (progress of improvement) phrased correctly?
  - Are we tracking the correct milestones?



#### **Uses of Outcome Data**

- Drives programme improvement
  - What changes would you make to the 5 aspects of your programme?
  - If you made the right adjustments, what could be expected in the next reporting period?
- Demonstrates programme's impact on clients
- Guides effective use of resources



# Value of Outcome Management ... a VWO perspective



#### Working with Vulnerable Families

- PPIS-Jurong FSC
  - HOME (Help, Outreach, Motivate & Educate)
  - For recipients of the Straits Times School Pocket Money Fund (SPMF)
  - One year programme
  - 4 components Parentz@HOME, Skillz@HOME,
     KIDz@HOME, HOMEventure(pilot)



#### Case Study

Azizah is a housewife in her late 30s. Her husband is a low income earner getting about \$800 a month. Four children, of whom two are schooling and receiving SPMF. The other two children are below school-going age. Azizah attends HOME as part of the SPMF agreement with the FSC.



# Previously, Success Measured as ....

- Help how many clients helped that year
- Outreach how many new friends made by the clients
- Motivate how many clients take up skills upgrading
- Educate how many clients reflect learning points

Output-Focused



# Now, success measured as ...

Families gain FINANCIAL INDEPENDENCE

Out of 50 who participated in Skillz@HOME, 8 will be suppliers of their product/services with 4 creating an average additional monthly income of \$50 within the 12 months after completion of HOME programme.

Outcome-Focused



#### **Programme Tracking**

Milestones	Annual projected	Actual (to date)	Means of verification
Client signs up for Skillz@HOME programme	50	55	Registration List/Form
Client attends programme and gets a B or above grading for the Skills taught	20	26	Attendance List, Participant's Scoring Sheet
Client trained as vendor to participate in HOME@St52	15	20	Registration List/Form
Client supplies product and services through HOMEventure	8	8	Contract
Client creates an average additional income of at least \$50 per month within the next 12 months	4	NA	2 x half annual reports



#### **Benefits**

- Helps answer what's next?
  - Do we increase targets?
  - What is the follow-up?
- Gives staff quantifiable targets
  - easier mid year evaluation / early alerts
- Eases reporting to Management
  - quantifiable figures allow comparisons



#### VWOs' Testimony

- Better measurement of performance
- Better fine-tuning of work processes
- Results-based; more objective
- Puts achievements in simple visual forms funder\$ appreciate\$
- Increase ability to convince funders and stakeholders



#### Challenges

- Skepticism
  - can we really measure change for social services?
  - what are measurable, verifiable?
- Fear of failure
- Lack of buy-in; staff mindset-doubts; apprehension
- Staff turnover
- Lack of training
- Balance between direct services and admin time



#### What NCSS Provided

- Trainings for VWO boards and staff
- Sharing and learning sessions for VWOs
- Enhance and streamline systems for ease of reporting
- Ongoing dialogue to improve and learn



#### **Special Thanks**

To the following VWOs for allowing us to share their experience:

PPIS-Jurong FSC

**HCA Hospice Care** 

AWWA (Special Student Care Programmes)



# **Every Journey Begins with the First Step**



#### Thank You