

# Community Forum 2018: Here Comes Everybody, and All Can Contribute!

Tuesday, 19 June 2018  
Auditorium, Shaw Foundation Alumni House

OPEN COLLABORATION TO UNDERSTAND SOCIAL NEEDS IN SINGAPORE

## END OF LIFE

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# END-OF-LIFE CARE WIKI PAGE

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How is the Wiki page for end-of-life care being used?

Why did we use the Wiki page?

How has the experience been?

What are the future plans?

# How is the Wiki page being used?

Three pages:

- Resource Directory
  - Needs Assessment
  - White Paper
- Consolidate existing research & information
- Discussion platform with Working Group
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- ```
graph LR; RD[Resource Directory]; NA[Needs Assessment]; WP[White Paper]; C[Consolidate existing research & information]; D[Discussion platform with Working Group]; RD --- B1[ ]; NA --- B1; B1 --- C; WP --- A[ ]; A --- D;
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# 1. Resource Directory

← → ↻ [wiki.socialcollab.sg/index.php/End\\_of\\_Life](http://wiki.socialcollab.sg/index.php/End_of_Life) ☆ 🔔 ⋮

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## Resource Directory

### Government Policy and Organisations

#### Government Organisations

| Name                                       | Description                                                                                                                                                                                                                                                                                                                                                                    |
|--------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Agency for Care Effectiveness (ACE)<br>[1] | <ul style="list-style-type: none"><li>National health technology assessment agency in Singapore, established by MOH in 2015</li><li>Publishes guides that outline recommendations on the appropriate use of health technologies</li><li>Publishes 'Appropriate Care Guides' that detail recommended care practices and pathways to improve selected areas of therapy</li></ul> |
| Agency for Integrated Care (AIC)[2]        | <ul style="list-style-type: none"><li>Coordinates and facilitates effort among care providers for care integration</li><li>Developed Living Matters in 2011 - a national Advance Care Planning programme[3]</li></ul>                                                                                                                                                          |
| Ministry of Health (MOH)[4]                | <ul style="list-style-type: none"><li>Statistics on Admissions and Outpatient Attendances, as well as home and in-hospice palliative care, is provided[5]</li></ul>                                                                                                                                                                                                            |

#### End-of-Life Planning

| Name                             | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Advanced Medical Directive (AMD) | <ul style="list-style-type: none"><li>Legal document</li><li>Oral and/or written instructions that convey treatment preferences in the event of a loss of decision-making capacity</li><li>Includes <b>living wills</b>, which are written, legal documents that spell out the preferred types of medical treatments and life-sustaining measures under specific circumstances</li><li>Allows patients to indicate their wish not to have any extraordinary life-sustaining treatment to be administered should they become unconscious or incapable of decision-making and are suffering from terminally illness</li></ul>                                                      |
| Lasting Power of Attorney (LPA)  | <ul style="list-style-type: none"><li>Legal document</li><li>Legally designates a healthcare proxy who would make decisions on the healthcare of the individual in the event the individual is unable to do so</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Advance Care Planning (ACP)      | <ul style="list-style-type: none"><li>Not limited to end-of-life scenarios, but extends to long-term care situations as well</li><li>ACP is a process of assisting the individual to :<ul style="list-style-type: none"><li>understand their medical condition and potential future complications;</li><li>understand the options for future medical care as it relates to their current health condition;</li><li>reflect upon their goals, values and personal beliefs;</li><li>consider the benefits and burdens of current and future treatments;</li><li>discuss choices with family/important others and health providers, and document these choices.</li></ul></li></ul> |
| Syariah Court Singapore (for     | <ul style="list-style-type: none"><li>Facilitates the distribution of the deceased's estate through the Inheritance Certificate according to Muslim law</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

# 2. Needs Assessment

← → ↻ wiki.socialcollab.sg/index.php/Needs\_Assessment\_of\_End\_of\_Life\_Care ☆ 🔔 ⋮

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## Needs Assessment of End of Life Care

*This needs assessment is based largely upon the National Council of Social Service (NCSS) report in 2014. It has been and will be continuously updated via this wiki platform. The needs have been re-organised. {Curly brackets} indicate that more information is required.*

For the Resource Directory, please click [here](#).

For the White Paper, please click [here](#).

**Contents** [hide]

- 1 Definitions and Scope
  - 1.1 Palliative Care System in Singapore
  - 1.2 Target Population
- 2 Desired outcomes - What is a Good Death
- 3 Physiological Aspects
  - 3.1 Need to manage pain and symptoms
- 4 Infrastructure Needs
  - 4.1 Need for affordable, high quality and diverse options for healthcare and end-of-life care
  - 4.2 Need for access to understandable information & effective referral
  - 4.3 Need for life closure and last wishes, to die under conditions and place of own choice
- 5 Financing Considerations
  - 5.1 Need for sufficient finances for retirement and end-of-life care
- 6 Family, Society, Polity
  - 6.1 Need to be identified, know and accept that they are facing end-of-life issues
  - 6.2 Need for psychosocial well-being, community integration and social usefulness
  - 6.3 Need for understanding and provision of spiritual needs
  - 6.4 Need for caregivers to have support throughout caregiving process
  - 6.5 Need for caregivers to have support throughout bereavement process
  - 6.6 Need for public to be aware of options & accept their validity
- 7 References

**Definitions and Scope** [ edit | edit source ]

**Palliative Care**

The World Health Organization (WHO) defines palliative care to be:

*An approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems physical psychosocial and spiritual care.* <sup>[1]</sup>

# 3. White Paper

← → ↻ wiki.socialcollab.sg/index.php/White\_Paper ☆ 🔴 ⋮

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## White Paper

This is the page for the White Paper.

For the Resource Directory, please click [here](#).

For the Needs Assessment, please click [here](#).

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- What links here
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[Private Access]

# Why did we use the Wiki page?

- Allows for consolidation of research and information
- Information accessible for viewing to all, but editable only by members with accounts



# How has the experience been?

- Difficult to get the involvement of other organisations

+ Responsiveness has helped the ease of use

# What are the future plans?

- Updating the White Paper page with a draft to get feedback from other organisations
- Finding another contributor from **within** the end-of-life care space

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