

Action Plan Singapore Longevity Track

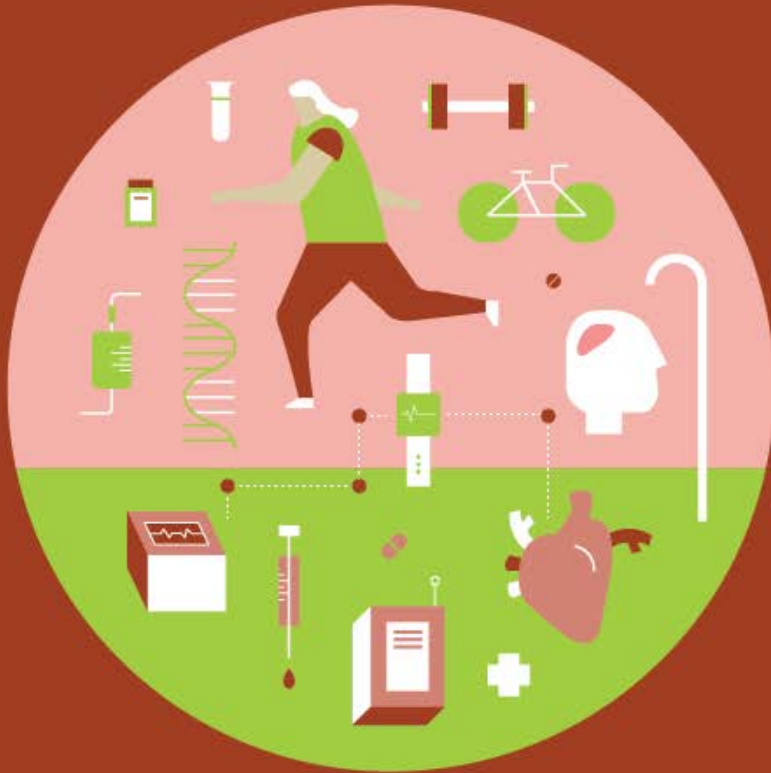
Track Captain: Mr Christopher
Gee

Christopher.gee@nus.edu.sg

Focal question

LONGEVITY

How might our longevity challenge us in 2026?



Overview

- **Driving forces**
 - Rapid population ageing
 - Changing patterns of healthspan
 - Public-private-people leadership
- **Strategies**
 - Caring for caregivers
 - Removing age-based barriers
 - Destigmatising end-of-life planning

Driving forces and scenarios at a glance

TOP-DOWN STATE-DRIVEN HEALTHCARE DECISION-MAKING



Strategy 1: Caring for Caregivers

- Keeping caregivers employable and valued
 - Valuing time
 - Creating flexibility
- Key actions:
 - Time-banking “Eldersave” scheme
 - Care navigator infrastructure to be developed to link the health to long term care continuum

Strategy 2: Ageless in Singapore

- Removing age-based barriers
 - Co-ordinated holistic action
 - Ageless institutions
- Key actions:
 - Development of an Ageless Scorecard and Happy Life Index
 - Skills Inventory Platform (linked to SkillsFuture)

Strategy 3: Planning end-of-life

- Destigmatising end-of-life planning
 - Engagement
 - Education
- Key actions:
 - End-of-Life Office established to prompt National Conversation on end-of-life issues
 - Development of an End-of-Life Toolkit

Concluding remarks

- The three strategies are connected by life-course planning, measurement and support.
- They are also connected by the concept of time, and of its value to Singaporean society.
- Strategies build on existing initiatives, for e.g. SkillsFuture; review of retirement age (link to Happy Life Index); care navigator concept uses the social infrastructure of the Pioneer Generation Office.