

Spotlight on Cultural Policy Series: Roundtable on the Development of Community Arts in Singapore

Wednesday, 15 March 2017
The Glass Hall, Singapore Art Museum

PANEL III
The Work and Beyond

ARTIST 2

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Making A Case To Care With the Arts

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Let's Have Tea At The Museum' Art & Dementia Programme (2014 – 2016)

Partners: Alzheimer's Disease Association & Peranakan Museum **Funding:** National Arts Council

Issues: Rising cases of Dementia, Effect of Social Isolation & Reduced Activity on Well-being of PWD.

Perspective & Approach: Arts for Health & Well-being. Integrating qualitative methods to evaluate and reflect on effect.



Programme & Findings:

- 6 weeks Programme to enrich leisure experience for people living with early or moderate stage of dementia. 3 Creative Projects and an integrated museum visit.
- Implemented at 2 Dementia Day Centers.
- Developed a space that foster opportunity for self-development, encourage imaginative play and verbal communication, sociability. Promoted self-esteem & morale.
- Multi-sensorial Engagement (Sensorial / cognitive/ social stimulation), Focused Attention.
- Public Dissemination: Silver Arts Exhibition 2015.

Challenges: Capability development, Going beyond pilot – developing and sustaining partnership, funding

Arts-Health Practice

“an emergent model of practice...being a result of two complementary and concurrent intentions, that being to develop arts-based skills and to improve health well-being.”

(Vogelpoel and Gattenhof, 2013, p.2)

Systematic Approach to Practice

Intention

- Priority for arts-practice promotion must equal the promotion of health wellbeing
- Identify health well-being status and needs of participants.
- Identify art skill level of participants and develop aims for improvement in this area both individually and collectively

Implementation

- Programme Design (Activities, Length, Environment)
- Design individual and collective models for improving health well-being. These models need to actually respond directly to the arts-based programme.

Evaluation

- ☐ Individual participant
- ☐ The group
- ☐ The facilitator
- ☐ The immediate community of the participants – family, friends, health professionals etc.

End of Presentation

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